

Club 55 Senior Center

By Carol Burrows Club 55 Senior Center Correspondent

The saying, “If you build it...they will come,” certainly can refer to a lot of things. In our case it was a Senior Center for Lake Mills, so our Lake Mills residents did not have to drive to a neighboring community to enjoy some special activities. We started slowly in the lower level of the First Congregational Church in 2016. In 2019 we were invited to come under the umbrella of the Lake Mills School District Recreation Department which offered a teaming approach for sustainability for the future. We were just getting into a comfortable routine when the pandemic closed our doors as we sheltered at home.

By the time we find ourselves as seniors we have weathered many ‘storms’ and look forward to this one easing up so we can have more routine back in our lives. What strikes me is the kindness of so many to help us arrive at that goal. One example are the generous donations of prizes to our Bingo games. We have had such a variety of items donated and know that others are sharing what they can to help provide a diversion during this time. As we get closer to being able to gather with others, may we all remember that we did it as a team...looking out for each other.

Our contest for this week is to finish this jingle with your own words: “Roses are red...” You create your own new ending to this familiar Valentine greeting. Submit your entry by Monday, February 22 to jane.riedl@lakemills.k12.wi.us to be entered into the drawing.

Join us for Bingo in the gym on Wednesday, February 24 from 1-2:30. This is a free bingo game and a good chance to get out of the house for a couple of hours.

Club 55 news is also posted on the website:

<https://www.lakemills.k12.wi.us.us/recreation/calendar-of-events-club55.cfm>

Amanda Gorman is the incredible 22-year-old who wrote the poem for the 2021 Presidential Inauguration which is titled “The Hill We Climb”. This pandemic has many of us feeling that during these extremely cold days we are doing just that. The cold ...on top of the wait for a vaccine can make our days seem endless. Spring is on the way...we have more daylight each day! Plant some seeds and put them in your window to watch them grow. Reach out with a note or email to

someone just to let them know you are thinking of them...YOU will feel better! Doing for others always makes us feel rewarded somehow, even if it is a little thing like holding the door for someone. It seems much harder to be on the receiving end.

Club 55 decided to try to cheer up Valentine's Day by inviting everyone to celebrate with us by having cookies and coffee as a drop in event. We would even deliver to your car if needed. We were not sure how many would brave the below zero temperature on Monday morning, but were pleasantly surprised when we had 15 folks drop in. Not only did they come for cookies but to sit a while and enjoy a visit with others while socially distanced and wearing masks. We are finding that for those who live alone while coping with cold temperatures that keep you indoors and off the icy streets and sidewalks it is important to be able to visit masked-face to masked-face. Feeling isolated and alone can lead to mental health issues and depression. Both effect your physical health in many ways. We were happy to see all of you and catch up a little.

Club 55 is open on M, T, and Th from 10-12 and W from 10-3. Stop in just to visit if you are comfortable doing that. A 15-minute visit can change your day.

Beside talking home some home baked valentine cookies, these folks also had their name drawn for a Culvers value meal or ice cream:

Winners of the Culvers Value meals are: Marilyn Deboom, Marilyn, Adele Dobrowski

Winners of the Culvers Ice Cream are: Marie Hoffman, Carol Eck, Judy Cubberly

It was great seeing all of you. We hope you enjoyed the cookies and coffee. You may pick up your Culvers Coupon at Club 55 during our open hours Monday, Tuesday and Thursday from 10 am to noon, or Wednesday from 10 am to 3 pm.